

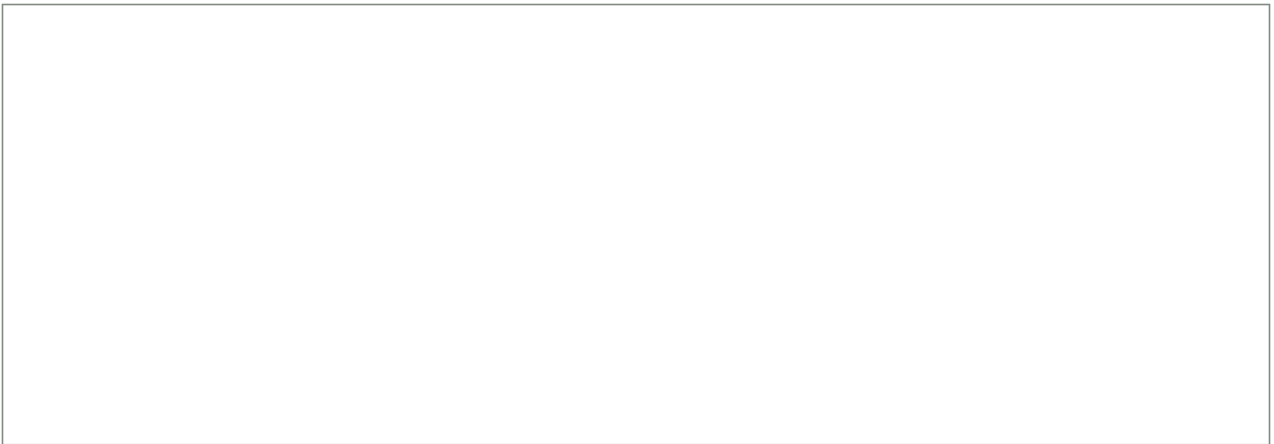
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A promise with care

With a grown-up, choose a small, safe responsibility. Plan what you can do and when. Ask for help if your plan needs to change.

What I can do, and when

Draw my first step



Someone who can help me

If I cannot do it, I will tell...

Afterwards: what worked, or what can I repair?

Never keep an unsafe secret or harmful promise. Tell a trusted adult. Original family activity; personal and classroom printing is welcome. Keep the attribution.

<https://sanatanjr.com/en/learn/meet-rama>