

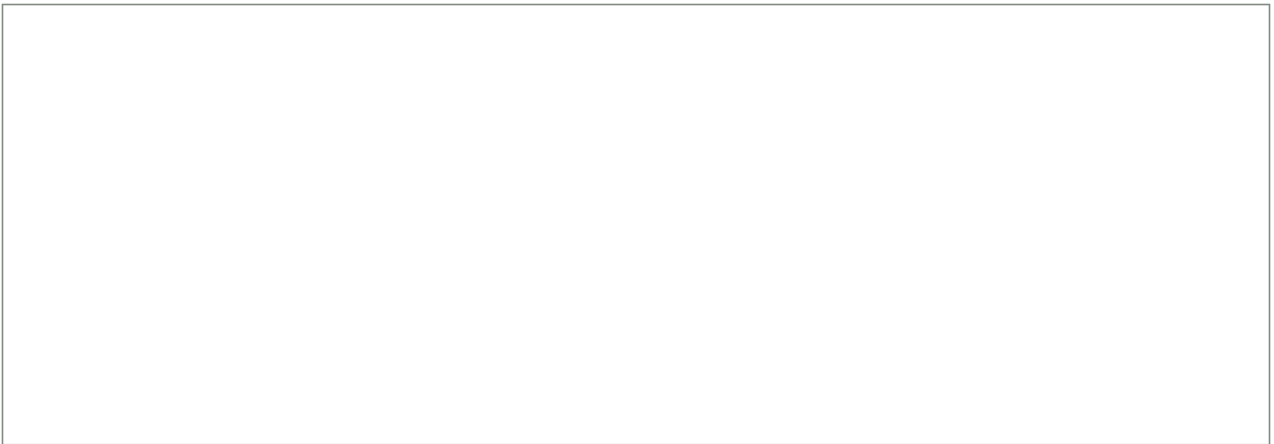
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Our everyday care map

Choose a shared activity, such as reading together. Notice the things, time and people that support it. This is about care, not comparing possessions.

Our shared activity

Draw three branches: a thing, time, a helper



One small care task I can offer with permission

A specific thank-you I want to say

Afterwards: what helped, or needs a change?

No need to share money worries, give possessions or earn a reward. Draw, write or tell a grown-up. Original family activity; personal, family and classroom printing is welcome. Keep attribution.

<https://sanatanjr.com/en/learn/meet-lakshmi>